

**MULTILEVEL
SPEAKING**

PART 1.1

1) WHAT IS YOUR FAVORITE SPORT AND WHY?

MY FAVORITE SPORT IS SWIMMING. I LOVE IT BECAUSE IT'S BOTH RELAXING AND **INVIGORATING**. SWIMMING IS A GREAT FULL-BODY WORKOUT THAT **STRENGTHENS** MUSCLES AND IMPROVES **ENDURANCE**. IT'S ALSO A PERFECT WAY TO UNWIND AND RELIEVE STRESS, AS THE WATER MAKES YOU FEEL **WEIGHTLESS**. WHETHER YOU'RE DOING FOR FITNESS OR JUST **SPLASHING** AROUND FOR FUN, SWIMMING IS REFRESHING AND CAN BE ENJOYED AT ANY AGE. PLUS, IT'S A VALUABLE SKILL FOR SAFETY AND RECREATION.

INVIGORATING-TETIKLANTIRUVCHI

ENDURANCE-CHIDAMLILIK

STRENGTHENS-MUSTAHKAMLAYDI

WEIGHTLESS-VAZNSIZ

SPLASHING-CHAYQALISH/SACHRATMOQ

PART 1.1

2) DESCRIBE A SKILL YOU WOULD LIKE TO LEARN.

ONE SKILL I'D LIKE TO LEARN IS COOKING. BEING ABLE TO COOK MEANS I CAN MAKE DELICIOUS AND HEALTHY MEALS FOR MYSELF AND OTHERS. I'M EXCITED ABOUT TRYING NEW RECIPES, LEARNING DIFFERENT TECHNIQUES, AND DISCOVERING HOW TO COMBINE **FLAVORS**. COOKING IS A PRACTICAL SKILL THAT CAN SAVE MONEY, IMPROVE MY DIET, AND EVEN BRING PEOPLE TOGETHER FOR MEALS. PLUS, IT'S A FUN AND CREATIVE WAY TO EXPRESS MYSELF. I'M LOOKING FORWARD TO BECOMING MORE CONFIDENT IN THE KITCHEN AND ENJOYING THE RESULTS OF MY EFFORTS.

FLAVOR-TA`M

PART 1.1

3) WHAT IS YOUR FAVORITE TIME OF DAY AND WHY?

MY FAVORITE TIME OF DAY IS EARLY MORNING. I LOVE IT BECAUSE IT'S PEACEFUL AND CALM, WITH THE WORLD STILL WAKING UP. IT'S THE PERFECT TIME TO START THE DAY WITH A CLEAR MIND AND FRESH ENERGY. I ENJOY THE QUIET AND THE CHANCE TO PLAN OUT MY DAY. PLUS, THE MORNING LIGHT IS BEAUTIFUL AND REFRESHING. IT'S A GREAT MOMENT FOR A LITTLE REFLECTION OR TO GET A HEAD START ON TASKS, SETTING A POSITIVE TONE FOR THE REST OF THE DAY.

REFLECTION-AKS ETTIRISH

PART 1.2



COMPARE THE TWO SHOPPING ENVIRONMENTS.
WHICH SHOPPING METHOD DO YOU PREFER AND WHY?
WHAT ARE THE BENEFITS AND CHALLENGES OF EACH SHOPPING METHOD?

PART 1.2



COMPARE THE TWO SHOPPING ENVIRONMENTS.

WHEN COMPARING SHOPPING IN STORES TO ONLINE SHOPPING, EACH HAS ITS OWN ADVANTAGES. IN STORES, YOU CAN SEE AND TOUCH PRODUCTS BEFORE BUYING, AND YOU OFTEN GET ITEMS IMMEDIATELY. IT'S A SOCIAL EXPERIENCE, TOO, WITH THE CHANCE TO EXPLORE DIFFERENT PRODUCTS IN PERSON. ON THE OTHER HAND, ONLINE SHOPPING OFFERS CONVENIENCE, ALLOWING YOU TO BROWSE AND PURCHASE FROM ANYWHERE, ANYTIME. YOU CAN COMPARE PRICES EASILY AND HAVE ITEMS DELIVERED RIGHT TO YOUR DOOR. BOTH METHODS HAVE THEIR BENEFITS, SO IT'S UP TO YOU TO CHOOSE WHICH FITS YOUR NEEDS BEST.

PART 1.2



WHICH SHOPPING METHOD DO YOU PREFER AND WHY?

I PREFER ONLINE SHOPPING BECAUSE IT'S MORE CONVENIENT. I CAN BROWSE AND BUY PRODUCTS FROM HOME, AVOIDING LONG LINES AND CROWDED STORES. ONLINE SHOPPING ALSO ALLOWS ME TO EASILY COMPARE PRICES AND FIND BETTER DEALS. PLUS, I ENJOY HAVING ITEMS DELIVERED RIGHT TO MY DOOR WITHOUT NEEDING TO TRAVEL. WHILE SHOPPING IN STORES HAS ITS PERKS, LIKE SEEING PRODUCTS IN PERSON, THE EASE AND TIME-SAVING OF ONLINE SHOPPING MAKE IT MY TOP CHOICE.

PERKS-IMTIYOZLAR

PART 1.2



WHAT ARE THE BENEFITS AND CHALLENGES OF EACH SHOPPING METHOD??

SHOPPING IN STORES HAS THE BENEFIT OF LETTING YOU SEE AND TOUCH PRODUCTS BEFORE BUYING, WHICH HELPS ENSURE YOU'RE GETTING EXACTLY WHAT YOU WANT. YOU ALSO GET YOUR ITEMS IMMEDIATELY. HOWEVER, IT CAN BE TIME-CONSUMING AND CROWDED.

ONLINE SHOPPING OFFERS GREAT CONVENIENCE, LETTING YOU BROWSE AND BUY FROM HOME AT ANY TIME. IT'S EASY TO COMPARE PRICES AND FIND DEALS, WITH ITEMS DELIVERED RIGHT TO YOUR DOOR. BUT, YOU CAN'T SEE THE PRODUCT IN PERSON BEFORE BUYING, AND SHIPPING CAN SOMETIMES TAKE A WHILE. EACH METHOD HAS ITS ADVANTAGES AND CHALLENGES, DEPENDING ON WHAT YOU NEED.

PART 2



WHAT ARE YOUR THOUGHTS ON THE IMPACT OF CLIMATE CHANGE?
DO YOU THINK INDIVIDUALS CAN MAKE A DIFFERENCE IN COMBATING CLIMATE CHANGE? WHY OR WHY NOT?
HOW CAN GOVERNMENTS AND ORGANIZATIONS ADDRESS CLIMATE CHANGE EFFECTIVELY?

PART 2

CLIMATE CHANGE IS HAVING A BIG IMPACT ON OUR PLANET. WE'RE SEEING MORE EXTREME WEATHER, LIKE **INTENSE** STORMS AND HEATWAVES, AND **ICE CAPS** MELTING, WHICH RAISES SEA LEVELS. THIS CAN CAUSE FLOODING AND HARM WILDLIFE. THESE CHANGES AFFECT EVERYONE, INCLUDING OUR FOOD SUPPLIES AND HEALTH.

I THINK INDIVIDUALS CAN DEFINITELY HELP FIGHT CLIMATE CHANGE. SIMPLE ACTIONS, LIKE USING LESS ENERGY AT HOME, RECYCLING, AND REDUCING WASTE, CAN MAKE A DIFFERENCE. WHEN MANY PEOPLE MAKE THESE CHANGES, THEY **ADD UP** TO A BIG POSITIVE IMPACT. ALSO, SPEAKING UP FOR ENVIRONMENTAL ISSUES AND SUPPORTING ECO-FRIENDLY COMPANIES CAN HELP DRIVE LARGER CHANGES.

GOVERNMENTS AND ORGANIZATIONS ALSO HAVE A CRUCIAL ROLE. THEY CAN CREATE LAWS TO CUT POLLUTION, INVEST IN CLEAN ENERGY SOURCES LIKE WIND AND SOLAR POWER, AND PROTECT FORESTS AND OCEANS. GOVERNMENTS CAN ALSO WORK TOGETHER INTERNATIONALLY BECAUSE CLIMATE CHANGE AFFECTS EVERYONE AROUND THE WORLD. ORGANIZATIONS CAN SUPPORT THESE EFFORTS BY PROMOTING SUSTAINABLE PRACTICES, DOING RESEARCH ON CLIMATE SOLUTIONS, AND RAISING AWARENESS ABOUT THE IMPORTANCE OF TAKING ACTION.

IN SUMMARY, WHILE CLIMATE CHANGE IS A SERIOUS PROBLEM, BOTH INDIVIDUALS AND LARGER GROUPS CAN HELP. BY MAKING ECO-FRIENDLY CHOICES AND SUPPORTING BROADER EFFORTS, WE CAN WORK TOGETHER TO PROTECT OUR PLANET.

VOCABULARY

INTENSE-KUCHLI

ICE CAPS-MUZLIKLAR

ADD UP-QO'SHISH

PART 3

Cars should be banned from city centers

- It reduces traffic and makes the air cleaner.
- It makes cities safer for walking and biking.
- It encourages people to use public transport.

- It can be hard for people who need to drive for work.
- Not all cities have good public transport.
- It can be inconvenient for people with disabilities or heavy loads.

PART 3

BANNING CARS FROM CITY CENTERS HAS SEVERAL BENEFITS. FIRST, IT CAN REDUCE TRAFFIC CONGESTION AND MAKE THE AIR CLEANER, LEADING TO HEALTHIER ENVIRONMENTS FOR EVERYONE. WITHOUT CARS, CITIES BECOME SAFER FOR **PEDESTRIANS** AND CYCLISTS, ENCOURAGING MORE PEOPLE TO WALK OR BIKE, WHICH CAN IMPROVE PUBLIC HEALTH.

ADDITIONALLY, BANNING CARS CAN ENCOURAGE THE USE OF PUBLIC TRANSPORT, WHICH IS OFTEN MORE EFFICIENT AND **ECO-FRIENDLY**. WITH FEWER CARS ON THE ROAD, PUBLIC TRANSPORTATION CAN RUN MORE SMOOTHLY AND BE MORE RELIABLE.

HOWEVER, THERE ARE CHALLENGES TO CONSIDER. FOR PEOPLE WHO NEED TO DRIVE FOR WORK, LIKE DELIVERY DRIVERS OR THOSE WITH JOBS REQUIRING TRANSPORTATION OF EQUIPMENT, A BAN MIGHT BE INCONVENIENT. ADDITIONALLY, NOT ALL CITIES HAVE WELL-DEVELOPED PUBLIC TRANSPORT SYSTEMS, WHICH COULD MAKE GETTING AROUND DIFFICULT FOR SOME PEOPLE.

FINALLY, BANNING CARS MIGHT POSE CHALLENGES FOR PEOPLE WITH DISABILITIES OR THOSE CARRYING **HEAVY LOADS**, AS ALTERNATIVE TRANSPORTATION OPTIONS MIGHT NOT FULLY MEET THEIR NEEDS.

IN SUMMARY, WHILE BANNING CARS FROM CITY CENTERS CAN LEAD TO CLEANER AIR, SAFER STREETS, AND MORE USE OF PUBLIC TRANSPORT, IT'S IMPORTANT TO CONSIDER THE NEEDS OF THOSE WHO RELY ON CARS AND ENSURE THAT ALTERNATIVE OPTIONS ARE AVAILABLE AND ACCESSIBLE FOR EVERYONE.

VOCABULARY

PEDESTRIANS-PIYODALAR

ECO-FRIENDLY-EKOLOGIK TOZA

HEAVY LOADS-OG'IR YUKLAR