

**MULTILEVEL
SPEAKING**

PART 1.1

1)WHAT WAS YOUR FAVORITE SUBJECT IN SCHOOL?

IF I HAD TO PICK A FAVORITE SUBJECT, IT WOULD BE CHEMISTRY. I'VE ALWAYS BEEN FASCINATED BY HOW EVERYTHING AROUND US IS MADE OF TINY PARTICLES—ATOMS AND MOLECULES—THAT INTERACT IN INTERESTING WAYS. CHEMISTRY HELPS EXPLAIN HOW THINGS WORK, LIKE HOW OUR BODIES USE ENERGY OR HOW NATURE CHANGES. IT'S EXCITING TO SEE HOW DIFFERENT SUBSTANCES CAN COMBINE TO MAKE SOMETHING NEW. TO ME, CHEMISTRY IS LIKE SOLVING A PUZZLE, WHERE EACH EXPERIMENT TEACHES SOMETHING COOL!

PART 1.1

2)WHAT IS YOUR FAVORITE BOOK?

AH, YOU'RE REFERRING TO "TEN LITTLE NIGGERS", ONE OF AGATHA CHRISTIE'S MOST FAMOUS NOVELS. IT'S DEFINITELY ONE OF MY FAVORITES, TOO! THE PLOT IS BRILLIANTLY CRAFTED—A GROUP OF TEN STRANGERS ARE INVITED TO AN ISOLATED ISLAND, WHERE THEY START DYING ONE BY ONE IN MYSTERIOUS CIRCUMSTANCES. THE SUSPENSE BUILDS AS THE CHARACTERS TRY TO FIGURE OUT WHO THE KILLER IS, ALL WHILE DEALING WITH THEIR OWN SECRETS. THE ENDING IS UNFORGETTABLE, AND CHRISTIE'S CLEVER USE OF MISDIRECTION AND PSYCHOLOGICAL TENSION MAKES IT ONE OF HER BEST WORKS. IT'S A TRUE MASTERPIECE OF MYSTERY!

PART 1.1

3) DID YOU HAVE A FAVORITE TEACHER?

IF I HAD TO CHOOSE A FAVORITE TEACHER, IT WOULD DEFINITELY BE MY 9TH-GRADE MATH TEACHER. SHE HAD THIS AMAZING WAY OF MAKING MATH FEEL LESS INTIMIDATING AND MORE LIKE A FUN PUZZLE TO SOLVE. SHE DIDN'T JUST TEACH FORMULAS; SHE TAUGHT US HOW TO THINK CRITICALLY AND BREAK DOWN PROBLEMS STEP BY STEP. WHENEVER I GOT STUCK, SHE WAS PATIENT AND ENCOURAGING, HELPING ME SEE THE LOGIC BEHIND THE NUMBERS. HER PASSION FOR MATH MADE ME ENJOY IT MORE THAN I EVER THOUGHT I WOULD, AND SHE HELPED ME BUILD CONFIDENCE THAT I COULD TACKLE EVEN THE TOUGHEST PROBLEMS!

PART 1.2



- WHAT DO YOU SEE IN THESE PICTURES?
- How does playing outdoors impact a child's physical health?
- What are some reasons why parents might prefer their children to play indoors?

PART 1.2



WHAT DO YOU SEE IN THESE PICTURES?

IN THE FIRST PICTURE, I SEE CHILDREN PLAYING INSIDE, LIKELY ENGAGED IN SOME KIND OF INDOOR ACTIVITY—MAYBE BUILDING WITH BLOCKS OR WORKING ON A CRAFT. THERE'S A SENSE OF COMFORT AND SAFETY IN THE INDOOR ENVIRONMENT, WHERE THEY CAN FOCUS AND BE CREATIVE. IN THE SECOND PICTURE, THE CHILDREN ARE PLAYING OUTSIDE, RUNNING AROUND, AND ENJOYING THE FRESH AIR. IT LOOKS LIKE THEY'RE ENGAGING IN MORE ACTIVE PLAY—PERHAPS A GAME OF TAG OR SPORTS. THIS CONTRAST HIGHLIGHTS THE BALANCE BETWEEN INDOOR ACTIVITIES THAT STIMULATE THE MIND AND OUTDOOR PLAY THAT ENCOURAGES PHYSICAL MOVEMENT AND SOCIAL INTERACTION.

PART 1.2



HOW DOES PLAYING OUTDOORS IMPACT A CHILD'S PHYSICAL HEALTH?

PLAYING OUTDOORS HAS A BIG IMPACT ON A CHILD'S PHYSICAL HEALTH. IT KEEPS THEM ACTIVE, WHICH HELPS BUILD STRONG BONES, MUSCLES, AND A HEALTHY HEART. ACTIVITIES LIKE RUNNING, CLIMBING, AND PLAYING SPORTS IMPROVE COORDINATION AND BALANCE. BEING OUTSIDE ALSO BOOSTS THEIR IMMUNE SYSTEM BY EXPOSING THEM TO SUNLIGHT, WHICH HELPS THE BODY PRODUCE VITAMIN D. PLUS, OUTDOOR PLAY REDUCES THE RISK OF CHILDHOOD OBESITY BY ENCOURAGING MOVEMENT AND ACTIVE PLAY. SIMPLY PUT, OUTDOOR PLAY SUPPORTS HEALTHY GROWTH AND DEVELOPMENT IN MANY IMPORTANT WAYS!

PART 1.2



WHAT ARE SOME REASONS WHY PARENTS MIGHT PREFER THEIR CHILDREN TO PLAY INDOORS?

PARENTS MIGHT PREFER THEIR CHILDREN TO PLAY INDOORS FOR SEVERAL REASONS. ONE OF THE MAIN CONCERNS IS SAFETY—OUTDOOR ENVIRONMENTS CAN HAVE POTENTIAL RISKS LIKE TRAFFIC, STRANGERS, OR HAZARDOUS TERRAIN. INDOOR PLAY ALSO ALLOWS PARENTS TO BETTER MONITOR WHAT THEIR CHILDREN ARE DOING, WHETHER IT'S WITH SCREEN TIME OR MORE CONTROLLED ACTIVITIES LIKE READING OR BUILDING WITH TOYS. ADDITIONALLY, SOME PARENTS MIGHT WORRY ABOUT THE WEATHER—WHETHER IT'S TOO HOT, COLD, OR RAINY TO LET KIDS PLAY OUTSIDE.

PART 2



DESCRIBE A TIME WHEN YOU SHARED A SECRET WITH SOMEONE.

Was the person reliable?

Can the people who share too much secrets get hurt?

PART 2

THERE WAS A TIME WHEN I SHARED A PERSONAL SECRET WITH A CLOSE FRIEND—SOMETHING I HAD BEEN CARRYING AROUND FOR A WHILE AND FELT I NEEDED TO CONFIDE IN SOMEONE I TRUSTED. IT WAS A DEEPLY PERSONAL MATTER, AND I CHOSE THIS FRIEND BECAUSE I BELIEVED HE WOULD UNDERSTAND AND KEEP IT SAFE. TO MY RELIEF, HE WAS RELIABLE. THEY LISTENED WITHOUT JUDGMENT AND KEPT THE SECRET JUST AS I HAD HOPED. THIS TRUST STRENGTHENED OUR BOND AND GAVE ME A SENSE OF RELIEF, KNOWING I WASN'T CARRYING THE BURDEN ALONE.

However, sharing secrets isn't always risk-free. Sometimes, people who share too much with others can find themselves vulnerable. If the person they confide in isn't as trustworthy as they thought, it can lead to betrayal or gossip. Even when someone is reliable, there's always the possibility that what was shared in confidence could be accidentally leaked or misunderstood. That's why it's important to choose the right person to trust with sensitive information.

In some cases, sharing too many secrets—especially with multiple people—can also lead to feelings of insecurity. When you constantly reveal personal details, you might lose control over your own narrative, and it can make you feel exposed or judged. There's a balance between being open with others and protecting your privacy. So while sharing secrets can create connection and trust, it's important to be thoughtful about who and how much you share, as it can sometimes lead to unintended consequences.

PART 3

Gardening should be taught in schools

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| <ul style="list-style-type: none">● Gardening teaches children about nature and where food comes from.● It promotes healthy eating by growing fruits and vegetables.● Gardening is a hands-on way to learn responsibility and patience. | <ul style="list-style-type: none">● Gardening can take time away from other important subjects.● Not all schools have space or resources for a garden.● Some students may not enjoy or be interested in gardening. |
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PART 3

Today, I want to talk about whether Gardening should be taught in schools. Let's first look at the reasons why it should be.

GARDENING SHOULD BE TAUGHT IN SCHOOLS FOR SEVERAL IMPORTANT REASONS. IT HELPS CHILDREN UNDERSTAND WHERE THEIR FOOD COMES FROM AND CONNECTS THEM TO NATURE. BY PLANTING AND CARING FOR PLANTS, THEY LEARN ABOUT ECOSYSTEMS, SEASONS, AND THE LIFE CYCLE, WHICH FOSTERS AN APPRECIATION FOR SUSTAINABLE FARMING. GARDENING ALSO PROMOTES HEALTHY EATING BY ENCOURAGING KIDS TO TRY FRESH FRUITS AND VEGETABLES, AND IT INSTILLS LIFELONG HEALTHY HABITS. ADDITIONALLY, IT TEACHES VALUABLE LIFE SKILLS LIKE RESPONSIBILITY, PATIENCE, AND THE REWARDS OF HARD WORK.

HOWEVER, THERE ARE CHALLENGES TO CONSIDER. GARDENING CAN TAKE TIME AWAY FROM CORE SUBJECTS LIKE MATH AND READING, WHICH ARE CRUCIAL FOR ACADEMIC SUCCESS. NOT ALL SCHOOLS HAVE THE SPACE, RESOURCES, OR BUDGET TO CREATE AND MAINTAIN A GARDEN, ESPECIALLY IN URBAN AREAS. ADDITIONALLY, NOT EVERY STUDENT WILL ENJOY GARDENING, AND FORCING THEM TO PARTICIPATE COULD LEAD TO FRUSTRATION AND DISENGAGEMENT.

IN CONCLUSION, WHILE GARDENING OFFERS MANY EDUCATIONAL AND PERSONAL BENEFITS, PRACTICAL CHALLENGES SUCH AS TIME, SPACE, AND STUDENT INTEREST NEED TO BE CONSIDERED WHEN DECIDING WHETHER IT SHOULD BE A PART OF THE SCHOOL CURRICULUM.